BLOND LUCK

NICKI MINAJ PICKS UP SOME HARDWARE AT THE AMERICAN MUSIC AWARDS ALONG WITH RIHANNA, CARLY RAE JEPSEN AND THE BIEBS PAGE 19

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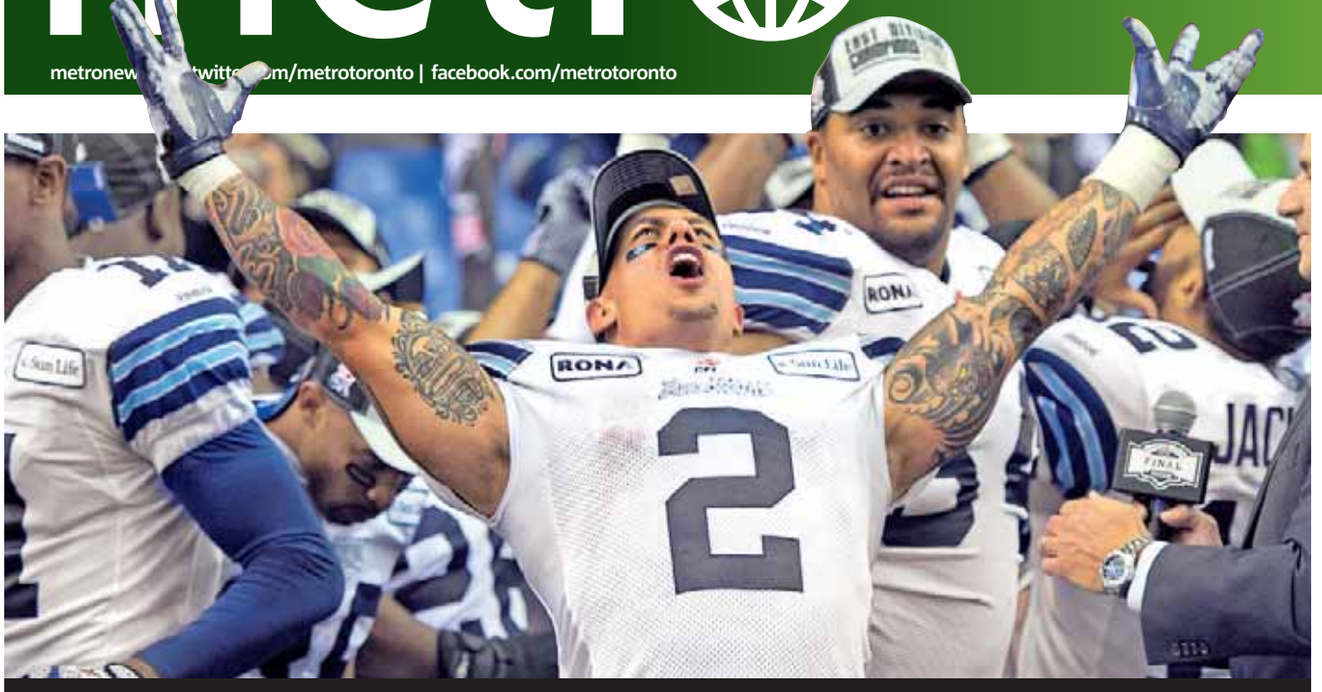

GET READY TO PAINT THE TOWN GREY!

The Toronto Argonauts' Chad Owens celebrates on Sunday after the team defeated the Montreal Alouettes 27-20 in the Canadian Football League Eastern final action in Montreal. The Argos will meet the Calgary Stampeders for the big Grey Cup showdown in Toronto. Story, page 34. RYAN REMIORZ/THE CANADIAN PRESS

No ceasefire in sight

The death toll rises in Gaza as Israel and the territory step up their attacks PAGE 6

Don't park it right here

Out-of-province drivers rack up thousands of dollars in parking tickets but the city is hamstrung when it comes time to collect PAGE 4

The feel-bad show of the year

The second season of Doomsday Preppers premiered last week, and the Southwick family are still waiting for the end of the world PAGE 24

City split on relief-line tax: Poll

Downtown transit. Would you pay $50 a year for a better subway system? 45% say yes; 40% no

Torontonians are divided over whether adding a downtown relief line to the subway system is worth an extra $50 in property tax each year, a new poll suggests.

"People in the city want a lot of improvements in terms of transit, but they're really divided on how to actually pay for it," said Lorne Bozinoff, president of Forum Research, which conducted an independent poll on Friday and Saturday.

Forty-five per cent of Torontonians who pay property tax said they would be willing to shell out the extra money for a downtown subway line that could initially run from Pape Station south, then west along King Street to University Avenue, with possible extensions at both ends. The proposed line would take pressure off the overcrowded lower Yonge line, while offering another east-west route across the city core.

But 40 per cent were opposed and 15 per cent were unsure.

The tax-for-subway proposition was most popular downtown and in East York, where 63 per cent of people said they were in favour.

In North York, 50 per cent approved, while only 32 per cent of people in Etobicoke and Scarborough wanted to pay.

"We don't have more transit in this city because there's not a lot of consensus on how to pay for it," Bozinoff said.

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Appleby College

Judges quash expulsion of teen for smoking marijuana in dorm

A lot of hard schoolwork literally went up in smoke and out the window for student Gautam Setia at prestigious Appleby College in Oakville on the last night of his final year.

The 101-year-old private college expelled Setia for allegedly lighting up a bong with marijuana and then smoking it in a pal's dormitory room as they celebrated the end of high school. Since it was the end of his school days there, it would seem the school's move would have little consequence. But there was more.

Appleby wouldn't confer its valuable diploma to him. The school banned him from graduation ceremonies. Setia's name didn't appear on the graduate list in the school's magazine.

After overcoming the initial shock and disappointment of the school's handling of the incident, the Setia family pushed back and sought a judicial review to get his diploma and cancel the expulsion.

And now, more than two years later, a divisional court has given the family some vindication. In a majority decision last week, the court didn't order Appleby to give Setia the diploma but said the school should look at the issue again in view of their findings. The court also quashed the expulsion.

TORSTAR NEWS SERVICE

Gautam Setia HANDOUT

108th annual parade — he's not only jolly, he's reliable

Santa Claus makes his appearance to cheering crowds on Sunday as the 108th annual Santa Claus Parade wound its way from Christie Pits to the St. Lawrence Market. Organizers say the event is the longest running children's parade in the world. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

Coun. Ford defends his 'workaholic' bro

'Off the leash.'
Doug Ford tells radio listeners critics are too harsh on mayor's football coaching

While Rob Ford The Mayor lobbed candy canes at Santa Claus parade watchers on Sunday afternoon, Doug Ford The City Councillor launched into a defence of his little brother's work ethic during a two-hour radio show.

There is nothing naughty about Mayor Ford's commitment of "a couple hours a day" to his other job as a high school football coach, Coun. Ford told listeners of the weekly program he usually co-hosts with his brother on CFRB 1010.

Ford prefaced his soliloquy by thanking "you guys" — presumably his producers — for letting him "off the leash."

"They usually try to muzzle me up," he said.

"Yes, I'm his brother but I'm also his biggest critic next to the Toronto Star," the councillor said. "A few of the people that didn't vote for him in the first place have a problem with him giving back a couple hours — a couple hours — a day for, what is it, two months, to coach football, help kids and mentor 'em.

Coach will be there

The Metro Bowl final is Nov. 27 at Rogers Centre. The timing overlaps with a council meeting. Mayor Rob Ford, who has been coaching for 19 years, said he's going to the game.

"And if they're questioning Rob's work ethic? Rob Ford is a workaholic."

Constituents, council members and a taxpayer advocacy group have called the mayor out in recent months over his devotion to football.

In September, Mayor Ford missed most of a committee meeting to coach a scrimmage. Later, he refused to answer questions about his alleged use of city staff and resources to manage his three teams.

Earlier this month, Toronto police ordered a TTC bus to shuttle Etobicoke's Don Bosco Secondary School Eagles — the mayor's team — home after the opposing coach was ejected and the game ended early.

And last week, lawyers in Superior Court had to reschedule Mayor Ford's testimony at a $6-million libel trial while Don Bosco played in a Metro Bowl high school football championship quarterfinal. The Eagles won 31-0. TORSTAR NEWS SERVICE

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Roadside delivery

Woman gives birth after being pulled over by cop

A police officer who pulled over a pregnant woman for allegedly speeding west of Kingston, Ont., early Sunday morning ended up helping deliver her baby on the side of the road.

Police say the driver from Stirling-Rawdon Township was in labour and racing to hospital when the officer stopped her vehicle in Belleville around 4:30 a.m.

With the officer's help, the woman gave birth to a baby boy by the road, right in front of a grocery store.

Police say both mother and child were transported to hospital and are doing well.

THE CANADIAN PRESS

Spinal injury

SIU opens probe after Hamilton man hospitalized

Ontario's police watchdog has opened an investigation after a 23-year-old man in Hamilton was hospitalized with a spinal injury following an incident with police.

The Special Investigations Unit says police were in the process of checking a vehicle at an east-end Hamilton parking lot around 11 p.m. Saturday when the male driver fled, only to be arrested a short time later.

The agency says the man was subsequently taken to hospital, where he was diagnosed with an injury to his spine.

THE CANADIAN PRESS

City mayor

Rob Ford takes the stand in court case

The brash, unapologetic style characteristic of Toronto Mayor Rob Ford's tenure was on display in court Friday as he took the stand in a defamation lawsuit against him, repeating the assertions for which he is being sued.

Restaurant owner George Foulidis is alleging in a $6-million suit that Ford libelled him when the mayor suggested a leasing deal between Foulidis' company Tuggs Inc. and the city was corrupt.

In court, the mayor was on the offensive while defending himself, saying the police should be brought in to investigate the deal.

THE CANADIAN PRESS

City unofficially offers free parking to out-of-towners

Keep 'em coming. Out of province drivers get a pass on parking tickets

Mike Guluk, Canadian owner of a red Volkswagen Beetle, and his wife Sandy. Guluk has been fined $33,965 for 1,053 parking tickets issued between January 2008 and August 2012. FACEBOOK

It didn't take long for the little red Bug from Florida to become a curious fixture of a short downtown lane near Church and Bloor streets.

For three months, the Volkswagen Beetle regularly sat in the no-parking zones fronting the condo building at 100 Hayden St., amassing an impressive ticket collection.

It stayed on the street for long stretches, at all hours, often day-in and day-out.

"We said, 'You know you're getting tickets, right?'" said Mayela Sanchez, who lives in a nearby building and frequently saw a woman driving the car. "She never said anything."

Employees at the nearby bookstore wondered how the car was staying there for so long, said receptionist Betty Maharaj.

"We called and got it ticketed," said Sandy Maraj, the property manager for the condo building. "There would be several tickets on the car … She would crumple up the tickets and put them in the flower pots."

The car was ticketed 70 times for parking on Hayden Street between May and July, with fines totaling nearly $2,500. But it was just one of the Bug's illegal parking spots in Toronto over the past five years.

Mike Guluk, the car's Canadian owner, who spends half his time in Florida, has been fined $33,965 for 1,053 parking tickets issued between January 2008 and August 2012.

"It's almost like a joke," said Guluk, who lived in the Hayden Street condo for three months and says it was his wife, Sandy, who drove the car this summer. "(The parking officers) know me, they laugh about it and they say, 'Well, here's another ticket.'"

Guluk is among the city's top out-of-province parking offenders. He and two other car owners — one from New York, fined $36,735 for 1,088 tickets, the other from Alberta, fined $35,980 for 1,062 — form Toronto's top trio of careless out-of-town parkers.

The city is "handcuffed" when it comes to forcing out-of-province drivers to pay up, said Anthony Fabrizi, manager of Toronto's parking operations.

A big problem is that the municipal government cannot access data held by jurisdictions outside Ontario, meaning it can't learn the name or address of a vehicle's owner to collect the outstanding fine.

In 2006, Toronto began purchasing licence information from provinces or states for about $7 a plate. The pilot project netted around $10,000 but cost approximately $12,000. It was scrapped after a year.

TORSTAR NEWS SERVICE

Racking up the fines

Fines racked up by the Top 3 out-of-province drivers, and where they're from (2008 to August 2012):

- New York: $36,735 (1,088 tickets)
- Alberta: $35,980 (1,062 tickets)
- Florida: $33,965 (1,053 tickets)

Piano star's documentary to screen all week

Piano sensation Marika Bournaki takes the stage at the Bloor Cinema over the weekend, the first time ever a baby grand was brought into the building for a live performance. Bournaki is the focus of Canadian director Bobbi Jo Hart's bio-documentary I Am Not a Rock Star, which captures her years from ages 12 to 20 and screens all week at Bloor Cinema. CONTRIBUTED

'Traumatized'. More complaints arise of neglect at Sunnybrook vets centre

Articles about complaints of substandard care at Canada's largest facility for war veterans have prompted several more people to come forward with stories of neglect.

Some involved injuries to the frail elderly, who live out their last days and months at Sunnybrook Veterans Centre.

John Marriott said his family was appalled this spring when they found his ailing 96-year-old father-in-law with a bloody mouth, and discovered his front tooth had been knocked out.

Sunnybrook's explanation, he said, was that the virtually immobile man had somehow wriggled his way out of bed and fallen.

"We've been so traumatized by all of this," Marriott said. "It's like 'One Flew over the Cuckoo's Nest' lite."

The new complaints, as was the case previously, come mostly from part of the 500-bed vets centre that houses the most infirm vets rather than the part which resembles a pleasant retirement lodge.

Oma Anirood said she was dismayed to discover her husband, Charles Taylor, 92, was left strapped in a wheelchair in a second-floor "K-Wing" hallway in his own waste for hours on end.

"If you are walking and you have your faculties, it's not a bad wing,'' she said.

"But if you don't know what you're doing, and you can't make decisions it's horrible. It's better you die. No point living. Who wants to sit in feces and a wet diaper all day?''

Spokesman Craig DuHamel said the facility could not respond to patient complaints through the media but was always open to discussing issues with family. THE CANADIAN PRESS

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York teachers begin work-to-rule action

Elementary schools. First phase limits time teachers spend at school outside class hours

Almost 5,000 elementary-school teachers in York Region are due to begin formal labour action Monday.

The "first phase of potentially escalating work to rule" will include teachers arriving no more than 30 minutes before class starts, and working no longer than 30 minutes after students are dismissed, said David Clegg, president of the York Region union local.

That measure will be in place Monday and Tuesday at about 170 schools as teachers oppose a controversial law that curbs their bargaining rights while also freezing wages.

"Not doing things teachers do outside of the instructional day highlights the fact that it is really the teachers' goodwill that determines a lot of the work that gets done," Clegg said, adding that includes data entry and other administrative tasks.

Marking will still be completed, Clegg said, and parent-teacher interviews will go ahead on Thursday evening and Friday during the day.

Education Minister Laurel Broten said in a statement that she was disappointed the union is moving forward with strike action.

"Under the Putting Students First Act, we have tools that allow us to address specific strike actions, and we will fully explore those options," she said.

One possibility is an order-in-council to prohibit action that compromises student safety, she said.

TORSTAR NEWS SERVICE

Talks to continue: Unions

More of the Elementary Teachers' Federation of Ontario's 76,000 members will be in a legal strike position in the following weeks.

- Provincial-level talks with unions have faltered but both elementary and secondary teachers' unions have said they'll keep bargaining with individual school boards.

Jobs. Feds to create skilled immigrant pool

Ottawa has reached a consensus with the provinces to establish a pool of skilled-worker candidates by the end of 2014 that will allow employers to cherry-pick potential immigrants to fill regional labour shortages.

Immigration Minister Jason Kenney announced Friday he is committed to working with his provincial counterparts to implement the Expression of Interest (EOI) system, whereby employers could screen and assess a pool of applicants for immigration consideration.

TORSTAR NEWS SERVICE

Spelling it out for the Queen of Talk

At the SociaLIGHT Conference in Toronto on the weekend, Oprah Winfrey asked SociaLIGHT speaker Mastin Kipp (a guest on Oprah's Super Soul Sunday) to take a photo of the attendees saying "Hi." Mastin got the whole audience to make "O"s with their hands for Oprah. The conference united 1,000 entrepreneurs in a program designed to spark global change through leadership and social enterprise. SociaLIGHT founder Theresa Laurico sold her BMW and condo in order to fund the SociaLIGHT initiative last year. CONTRIBUTED

Eleven civilians killed in fierce Israeli attack on Gaza City

Escalating conflict.
Missile strike amounts to single deadliest incident of current operation

An Israeli missile flattened a two-storey house in a residential neighbourhood of Gaza City on Sunday, killing 11 civilians, mostly women and children, Palestinian medical officials said, as Israel expanded a military offensive to target homes of wanted militants.

The attack, which Israel said targeted a militant, was the single deadliest incident of the five-day-old Israeli operation and hiked a toll Sunday that was already the highest number of civilians killed in one day, according to Gaza medics. The bloodshed is likely to raise international pressure for a ceasefire, with Egypt taking the leading role in mediating between Israel and Hamas.

U.S. President Barack Obama said he had been in touch with the leaders of Israel, Egypt and Turkey in an effort to halt the fighting. "We're going to have to see what kind of progress we can make in the next 24, 36, 48 hours," he said.

Obama cautioned against a potential Israeli ground invasion into Gaza, warning it could only deepen its death toll. At the same time, he blamed Palestinian militants for starting the round of fighting by raining rockets onto Israel, and he defended Israel's right to defend itself.

"Israel has every right to expect that it does not have missiles fired into its territory," Obama said in Thailand at the start of a three-nation tour in Asia.

An Israeli envoy arrived in Cairo on Sunday and held talks with Egyptian officials on a ceasefire, according to Egyptian security officials and Nabil Shaath, a top aide of Palestinian President Mahmoud Abbas who was in the Egyptian capital.

But Israel and Gaza's militant Hamas rulers remain far apart on any terms for a halt in the bloodshed, which has killed 70 Palestinians — including 36 civilians, according to Gaza health officials — and three Israeli civilians.

Hamas is linking a truce deal to a complete lifting of the border blockade on Gaza imposed since Islamists seized the territory by force. Hamas also seeks Israeli guarantees to halt targeted killings of its leaders and military commanders. Israeli officials reject such demands. They say they are not interested in a "time-out," and want firm guarantees that militant rocket fire into Israel will finally end. Past ceasefires have been short lived.

Bloodshed

Women and young children were killed in a relentless Israeli attack — the worst in this round of fighting

- Rescuers pulled the bodies of several children from the ruins of a house, including a toddler and a five-year-old, as survivors and bystanders screamed in grief. Later, the bodies of the children were laid out in the morgue of Gaza City's Shifa Hospital. Among the 11 dead were four small children and five women, including an 80-year-old.

Palestinians run to take cover during an Israeli air strike on a building in Gaza City on Sunday. ADEL HANA/THE ASSOCIATED PRESS

Quoted

"The Israeli military is prepared to significantly expand the operation."
Israeli Prime Minister Benjamin Netanyahu

As the offensive moved forward, Israel found itself at a crossroads — on the cusp of launching a ground offensive into Gaza to strike an even tougher blow against Hamas, or pursuing Egyptian-led truce efforts.

"The Israeli military is prepared to significantly expand the operation," Israeli Prime Minister Benjamin Netanyahu declared at the start of the weekly Cabinet meeting.

At the same time, Gaza militants continued their barrage of rocket fire at Israel, firing more than 100, including two at Tel Aviv. More than 10 Israelis were injured by shrapnel, two moderately, according to police spokesman Mickey Rosenfeld. Israel's "Iron Dome" rocket-defence system shot down at least 30 rockets, including the ones aimed at Tel Aviv.

THE ASSOCIATED PRESS

Syrian gunfire draws shelling from Israel

A Syrian fighter shoots his weapon through a hole in the wall during clashes with Syrian army forces in the town of Harem on the outskirts of Idlib, Syria, Saturday. KHALIL HAMRA/THE ASSOCIATED PRESS

Israel shelled Syrian fighters after gunfire from their civil war spilled over to the Israel-controlled Golan Heights, the military said Sunday, as the conflict appeared to inch closer to the Jewish state.

The civil war in Syria has renewed tensions in the Golan Heights, a strategic plateau that Israel captured from Syria in the 1967 war. Despite constant hostility between the two countries, Syria has been careful to keep the border quiet since the 1973 Mideast war.

In recent days, Israeli troops have fired into Syria twice before, responding to what appeared to be stray mortar shells exploding in Israel-held territory. On Sunday, an Israeli military spokesman said soldiers fired artillery toward the source of gunfire late Saturday night.

Speaking on condition of anonymity according to protocol, the spokesman said the military identified a hit. He did not know if the targets were Syrian rebels fighting to topple President Bashar Assad or forces loyal to him. Though the two nations have been bitter enemies, Israel is concerned that if the Assad regime is toppled, Syria could fall into the hands of Islamic extremists.

While it is widely believed that Assad does not want to pick a fight with Israel, some in Israel warn that if his situation becomes desperate, the embattled Syrian leader might try to draw Israel into the fighting as a distraction.

THE ASSOCIATED PRESS

Syrian uprising

- **Ruthless killing.** Fighting has raged nationwide over the weekend, killing at least 108 people on Saturday alone, according to activists.
- **Death toll.** More than 36,000 people have been killed since the Syrian uprising began in March 2011.

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Rescue efforts. At least 2 dead, several seriously injured in plane crashes

Separate plane crashes on the Prairies claimed at least two lives on Sunday, while efforts continued to get a number of people who were aboard one of the planes to safety.

Authorities said a Cessna 208 Caravan went down in a remote area about 10 kilometres east of the airport in Snow Lake, Man., about 700 kilometres north of Winnipeg.

Police said early reports were that one person had died in that crash and that seven others were injured, some seriously.

Rescue crews have been using snowmobiles to reach the scene, but police say the effort to get the injured people has been difficult.

However, they also say they managed to get all those who were injured to the medical centre in Snow Lake.

"We have a local hospital here but people with serious injuries would need to be medevaced out," Snow Lake's mayor, Clarence Fisher, explained on Sunday afternoon.

Inaccessible

Police say aircraft that would normally help in a rescue weren't able to land at the Snow Lake airport due to low ceiling, and they say the crash site is in a bush area.

A separate crash in northern Alberta on Saturday evening, meanwhile, killed a 52-year-old man who police say was the pilot and lone occupant of the aircraft.

They say the single-engine turboprop entered an area between La Crete and High Level, where visibility was reduced to less that 100 metres due to low cloud cover and heavy fog.

THE CANADIAN PRESS

Factory women. Workers exposed to toxic chemicals face cancer risk: Study

It's been an open secret for more than three decades.

Women in Windsor's plastic-automotive-parts factories have complained of pungent fumes and dust that caused nosebleeds, headaches, nausea and dizziness. Some spoke of smouldering blobs of plastic dumped directly onto the floor near where they worked.

"People were getting sick, but you never really thought about the plastic itself," said Gina DeSantis, who has worked at a plant near Windsor for 25 years.

She and others worried — mostly in private — about the prevalence of cancer and other diseases in the poorly ventilated factories that sprawl across the industrialized expanses of southwestern Ontario.

Now, a new academic study appears to confirm their fears, showing profoundly elevated breast-cancer risks among workers exposed to toxic chemicals.

The six-year study, to be published online in the journal Environmental Health, draws a striking conclusion: Women employed in the automotive plastics industry were almost five times as likely to develop breast cancer, prior to menopause, as women in a control group.

Plastics manufacturing in Canada is a $21 billion industry employing about 91,000 people. TORSTAR NEWS SERVICE

Defence Minister Peter MacKay fields questions at the end of the Halifax International Security Forum on Sunday. Delegates discussed pressing security issues, including the impact of the American presidential election, the turmoil in Syria, cyber-security and modern warfare. ANDREW VAUGHAN/THE CANADIAN PRESS

MacKay calls on Russia to exert influence in violent Syrian conflict

Call to action. Ongoing threat of war in the Middle East at forefront of global forum of 300 delegates from 50 countries

Staying focused

"I think Syria is something we can't take our eyes off, in spite of what may be going on right now in Israel."

Defence Minister Peter MacKay on the continuing violence inflicted by the Assad regime in Syria.

Defence Minister Peter MacKay called on Russia on Sunday to exert influence to end the Syrian civil war, accusing Russia of standing on the sidelines while Syria is "coming apart at the seams."

MacKay told a press conference at the Halifax International Security Forum that Russia — one of Syria's most important allies — should use its weight to end the conflict.

"We know in Syria there are countries like Russia that could be far more proactive, who could exert considerable influence and use their weight with (Syrian President Bashar Assad's) regime to end the violence," MacKay said just after giving his closing remarks at the three-day conference.

"If Russia truly wants to be embraced as a democratic, productive member of the world community, this is a time for them to show the right stuff."

Russia has backed Syria at the United Nations Security Council by repeatedly vetoing resolutions aimed at pressuring the Syrian government to end the war.

MacKay said Prime Minister Stephen Harper has recently met with Russian President Vladimir Putin, but did not go into the details of the discussion.

On Saturday, U.S. Sen. John McCain told the security conference that he was "ashamed" as an American over the U.S. non-action in Syria.

MacKay reiterated Sunday that Canada has no plans for a military intervention in Syria.

"I ... believe that there is still further diplomatic paths we can pursue. I think a military intervention is always a last resort," said MacKay.

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Open data. Montreal activists hack away at corruption in their city

Armed with little more than their laptops and a trove of government records, a small army of activists in Montreal has dedicated itself to tackling the city's corruption troubles.

The group, which gathered at a downtown community centre to pore over spreadsheets and city-council minutes last week, is part of a growing movement in Canada that sees open data as a key way to make governments more efficient and honest.

More than 100 people, many of them computer programmers in their 20s and 30s, gathered for a "hack-a-thon" — a marathon for computer hackers.

The idea was to help uncover shady transactions by sifting through municipal records. It meant designing computer programs that can show trends or connections across thousands of documents.

Connecting the dots is no easy task.

Testimony at Quebec's ongoing corruption inquiry suggests a complex system of bid-rigging and kickbacks that involves political parties, civil servants, construction bosses and the Mafia.

Untold sums of public money have been squandered on projects that cost more than warranted. The mayors of Montreal and Laval have stepped down amid the turmoil.

Open-data projects are sprouting up in cities across Canada. So far, the projects have ranged from the practical — an automated text message to remind you it's garbage day — to the scientific, like one study of how rising sea levels will affect coastal areas in British Columbia.

THE CANADIAN PRESS

Technology

"To fight corruption in the 21st century, you have to use 21st-century technology ... to do that, you have to use data."

Jonathan Brun, co-founder of Quebec Ouvert, which organized the Montreal meeting

Jonathan Brun, co-founder of Quebec Ouvert, is seen on Thursday in Montreal.
PAUL CHIASSON/THE CANADIAN PRESS

Nunavut, where going to court can be an adventure

Cold justice. Court held in whatever building is available; often, there's no heat and it's too cold for court-reporting equipment or even pens to work properly

Somewhere between tales of judges bunking with strangers and pushing airplanes out of the mud, it becomes clear Nunavut's court system works a little differently.

In the provinces, new courthouses are under construction and justice officials have embarked on electronic-filing projects. In Nunavut, the community centres that serve as temporary courthouses don't always have toilets and Internet service is often non-existent.

Based in the capital, Iqaluit, the court system serves 24 communities across the vast 1.9-million-square-kilometre territory. So convening sessions of court requires packing up a twin-engine plane with a judge, a court clerk, an interpreter, their equipment and everything from first-aid kits to extension cords.

When the court party arrives in town, the weather might be cold, and there's often only one small hotel in each community. Reservations guarantee a bed, not necessarily a room.

"The hotels often will put other people in the other bed, so our judges have to ensure they take pyjamas because there's no guarantee it will in fact be someone of the same sex," said Nunavut Court Senior Justice Robert Kilpatrick.

The six judges of the Nunavut Court of Justice take turns travelling on the circuits, hearing everything from small-claims cases right up to murder trials. They're the only judges in Canada to hear all three levels of court.

"Going to court in the North is truly an adventure, and you never know what to expect," Kilpatrick said.

THE CANADIAN PRESS

Nunavut Court Justice Earl Johnson, left, and legal counsel and court staff push a plane in Sanikiluaq, Nunavut, in this handout photo. Somewhere between tales of judges bunking with strangers and pushing airplanes out of the mud, it becomes clear Nunavut's court system works a little differently. CONTRIBUTED/GERALD ST-AMOUR/THE CANADIAN PRESS

Society in transition

The territory, with a mostly Inuit population of about 33,000, experiences more violent crime per capita than anywhere else in Canada.

- The traditional role of the male as hunter and provider is fading away, leaving some males resentful about losing their place in society, Kilpatrick said. More Inuk females are becoming primary breadwinners. "It's a society struggling to forge a new identity," Kilpatrick said.
- Suicide rates, particularly for teenagers, are far higher than in southern parts of the country.
- The rate of sexual assault is 10 times the national average, homicides 11 times, and spousal violence 12 times.

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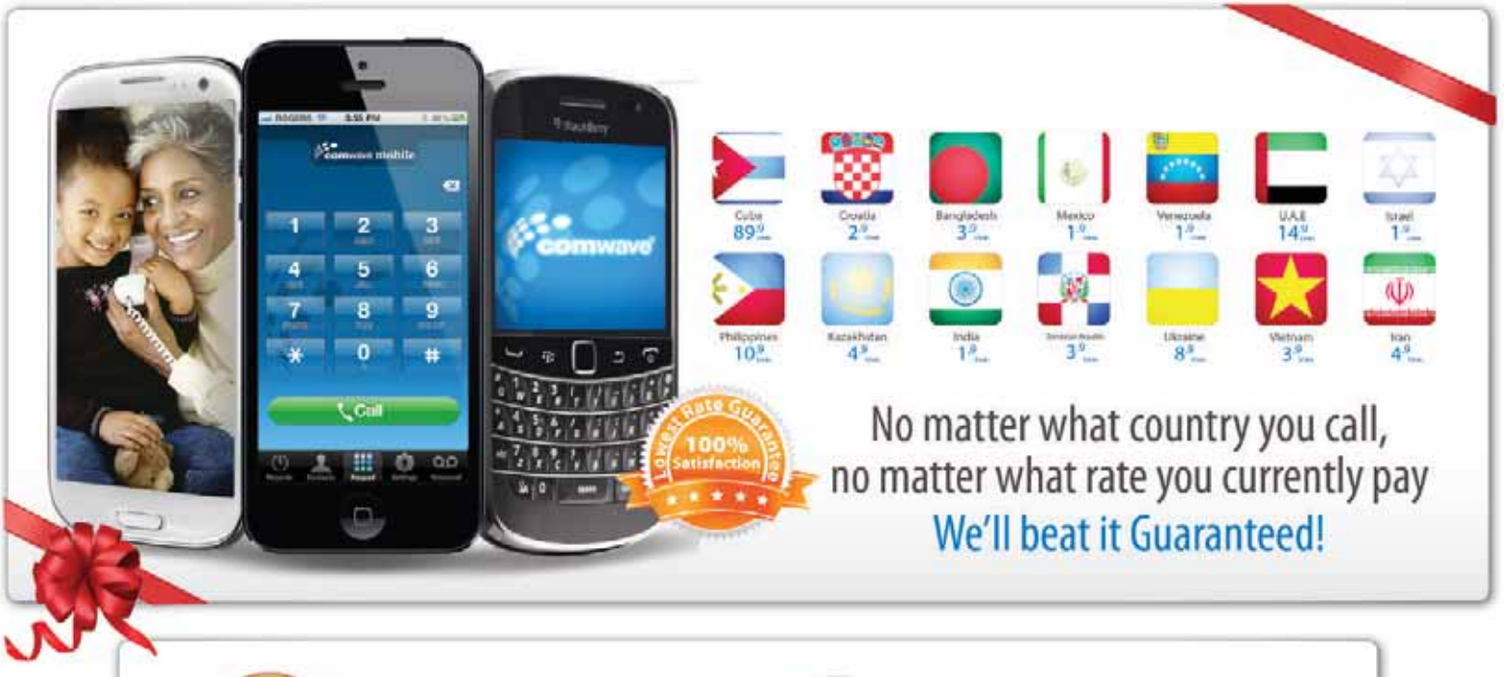

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Topless activists clash with Catholics in Paris

Same-sex marriage. Several thousand take to the streets in cities across France to protest the draft law

The controversial Ukrainian group Femen, whose topless members stage pranks to support gay rights, have taunted a march in Paris by Catholics who oppose France's draft law to legalize gay marriage.

The Catholic group Civitas organized Sunday's march by several thousand people carrying pro-family banners.

Several Femen activists turned up topless, chanted "in gay we trust."

That prompted several anti-gay marriage protesters to hit the Femen members and push them to the ground.

On Saturday thousands took to the streets in cities across France to protest the draft law, which could see marriage and adoption legalized for gay couples early next year. THE ASSOCIATED PRESS

Young people hold placards during a protest organized by fundamentalist Christian group Civitas Institute against gay marriage, in Paris, Sunday. Placard at centre reads: No to homosexual marriage. THIBAULT CAMUS/THE ASSOCIATED PRESS

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A high-risk driver is someone who, due to a combination of factors, presents a high likelihood of a claim. There is a combination of things that would work together to give you this status, as it's usually not just one incident. New drivers or drivers who have multiple tickets and accidents on their driving record are typically labeled as high-risk drivers. This presents a high likelihood of having an at-fault accident that the insurance company will have to pay for in the event of a claim.

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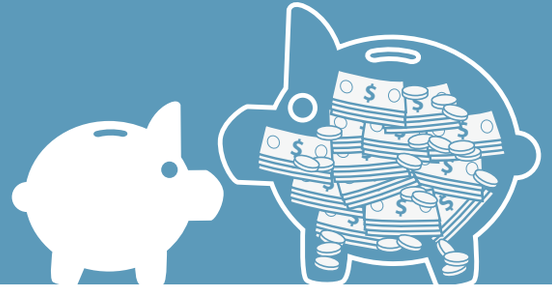

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Retailers challenge French naming law

Quebec. Language watchdog orders move to French names or slogans for retailers

Gap is one of six major retailers protesting the Quebec language watchdog's insistence on French names or slogans. DIMAS ARDIAN/GETTY IMAGES FILE

Several major retailers are taking the Quebec government to court over the provincial language watchdog's insistence they modify their commercial brand names to include some French.

The six retailers are some of the biggest names in North America — Walmart, Best Buy, Costco, Gap, Old Navy and Guess. Their lawyers are expected in Quebec Superior Court on Thursday.

Quebec's language watchdog, the Office Quebecois de la Langue Francaise, wants the retailers to change their signs to either give themselves a generic French name or add a slogan or explanation that reflects what it is they're selling.

For example, Walmart, a household name on the retail scene that doesn't really have a French equivalent, could change its signs to "Le Magasin Walmart."

But retailers say the language laws have not formally been changed and they will ask the courts to decide whether the language office has the right to make new demands.

According to Section 63 of Quebec's French Language Charter, the name of a business must be in French. But it hasn't generally been applied to trademarked names.

Nathalie St-Pierre, vice-president for the Retail Council of Canada's Quebec branch, says the province wants to change the rules without having modified the law.

St-Pierre says the six have complied with the rest of Quebec's requirements for many years. THE CANADIAN PRESS

Console wars

Wii U faces new world on release

On Sunday, Nintendo Co. is launching the Wii U, a game machine designed to appeal both to the original Wii's casual audience and hardcore gamers. The Wii U's predecessor has sold nearly 100 million units worldwide since 2006.

But the Wii U arrives in a new world of casual gaming on smartphones, tablets and Facebook. THE ASSOCIATED PRESS

First class

Qatar Airways won't go budget

The head of fast-growing Qatar Airways says there are no immediate plans to launch a budget airline to compete with Dubai's expanding low-cost carrier, Flydubai.

Instead, CEO Akbar al-Baker is quoted by the Dubai-based Khaleej Times as saying Qatar Airways will concentrate on enlarging its global network as part of rivalries with Gulf carriers Emirates and Abu Dhabi-based Etihad Airways. THE ASSOCIATED PRESS

Shopping. Stores bank on Black Friday going mainstream in Canada

Canadians may be warming to U.S. traditions. In this file photo, people shop at Times Square's Toys "R" Us. HIROKO MASUIKE/GETTY IMAGES

The Canadian holiday-shopping season is looking decidedly more American this year as retailers schedule a rush of Black Friday events in hope that consumers will shop at home, rather than south of the border.

Black Friday, widely considered the busiest shopping day of the year, is timed to Thanksgiving in the U.S. It may just be a random November day for Canadians, but shoppers are increasingly buying into Black Friday and Cyber Monday, when online retailers hold their sales.

A CIBC poll conducted by Harris/Decima released Monday suggests nearly one in 10 of the 1,000 Canadian respondents plan on making a purchase during the sales period — suggesting that millions of Canadians will be shopping for holiday deals this weekend.

Many Canadian retailers have jumped on the trend as a new way to angle a promotion, says Mark Satov, founder of management-consulting firm Satov Consultants Inc.

"You're creating the impression that everything is on sale, and when consumers get there, everything doesn't have to be on sale, but they're there anyway, so they're going to buy."

But Canada's version of Black Friday won't be everything it's hyped to be, some suggest.

"It's a myth," says retail consultant Jim Danahy of CustomerLAB. "Stores are not bringing merchandise in any sooner than they were before. They are not changing their promotional calendars. It is simply the super-imposition of a term that exists in the United States here." THE CANADIAN PRESS

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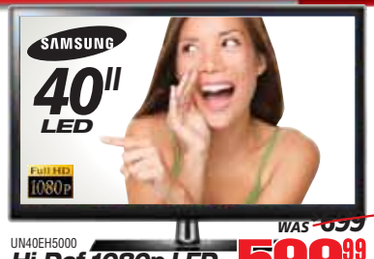

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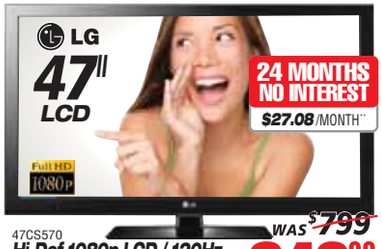

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OLIVIA CHOW FOR MAYOR? NOT SO FAST

URBAN COMPASS
Matt Elliott
toronto@metronews.ca

It made for a heck of a contrast. The same week City of Toronto workers moved to erase the bike lanes on Jarvis Street, NDP MP Olivia Chow pedalled into a downtown press conference on her bike.

There to express the need for federal infrastructure money to repair things like the crumbling Gardiner Expressway, Chow also confirmed — for the first time — that she was considering running for mayor of Toronto in 2014.

So I've got to ask: is Mayor Chow our city's best bet?

On paper, she offers some serious advantages. As partner to late NDP leader Jack Layton, she's got a high profile and name recognition way beyond most other candidates. And her years in both municipal and federal politics mean she's well-connected to the back rooms and big money that are essential parts of mounting a winning campaign.

Her policy interests aren't too shabby either. After four years of integrity commissioner complaints and endless debates about plastic bags, Chow could refocus city hall on things like housing, childcare, infrastructure renewal and the environment.

Uphill battle

"In the modern history of the city, Toronto has never elected a mayor from outside city council."

And then there's this: in early polls, she's beating Mayor Rob Ford by 15 to 20 points in a head-to-head race. That's huge.

But is it enough? Sure, Chow has opened up a big hypothetical lead over an incumbent whose approval ratings have been low, but Ford is a relentless campaigner with a proven ability to connect with people. Chow, as someone who's been a partisan politician for much of her adult life, could be especially vulnerable to Ford's populist attacks.

History may work against her, too. In the modern history of the city, Toronto has never elected a mayor from outside city council. Chow did, of course, spend fourteen years as councillor before moving to the federal scene, but her time away from Toronto politics could actually hinder her campaign more than it could help.

Just ask 2010's early front-runner George Smitherman. Running as a city hall outsider isn't all it's cracked up to be.

But the biggest thing that gives me pause about a potential Chow campaign is simply a concern that it's not the best job for her. The NDP will have their best-ever chance of forming government at a federal level in 2015. If that happens, Toronto would be best-served by having someone like Chow working within that government to build things like a national transit strategy or policies that can help municipalities get on firm fiscal footing.

Still, ultimately it does all come down to poll numbers. If Chow's the best shot this city has for change at city hall, she's right to consider running. But let's not start planning for bike parking at the victory party just yet.

Read more of Matt's blog, Ford for Toronto, at metronews.ca

Olivia Chow, NDP transportation critic, holds a press conference near the Gardiner Expressway, off of Bathurst Street, last Tuesday to speak about infrastructure spending. RICK MADONIK/TORSTAR NEWS SERVICE

President takes enlightening trip

CAROLYN KASTER/THE ASSOCIATED PRESS

Leaning statue of Buddha

Obama kicks off three-day Asia tour

U.S. President Barack Obama and U.S. Secretary of State Hillary Rodham Clinton tour the Wat Pho Royal Monastery with Chaokun Suthee Thammanuwat, a member of the temple, in Bangkok, Thailand, on Sunday.

The Temple of Reclining Buddha, formally known as Wat Pho, was the first stop on Obama's Asian tour that will also take him to Myanmar and Cambodia.

Obama arrived at the temple, one of Thailand's most famous temple compounds, to marvel at its centerpiece — a gigantic, golden statue of a reclining Buddha propped up on one elbow before passing into nirvana.

The visit was meant to give Obama a taste of Bangkok. Visits to see the king and the Thai prime minister were saved for later.

But one thing Obama did not get to see as he sped through Bangkok was the city's infamous traffic jams.

All roads leading to Wat Pho and his other destinations were blocked and cleared of cars as part of security measures that included bomb squads and shutting the temple to the public hours in advance.

THE ASSOCIATED PRESS

Changing times

"This is not an endorsement of the government.... This is an acknowledgement that there is a process under way inside that country that even a year and a half, two years ago, nobody foresaw."

U.S. President Barack Obama on Sunday, before embarking on his landmark trip to Myanmar. He was attempting to assure critics that his visit was not a premature reward for a long-isolated nation still easing its way toward democracy.

Post-election trip

1st

Obama was set to become the first U.S. president to visit Myanmar, with Air Force One scheduled to touch down in Yangon on Monday morning. Though Obama planned to spend just six hours in the country, the much-anticipated stop came as the result of a remarkable turnaround in Myanmar's relationship with the U.S. For his first post-election trip, he tellingly settled on Asia, a region he has deemed as crucial to America's prosperity and security.

Online

For the latest on Obama's Myanmar trip, visit metronews.ca

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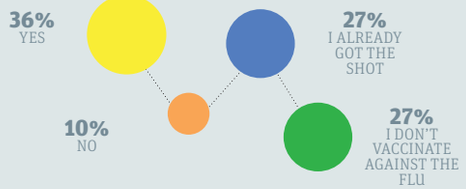

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@Roderickelliot: I can now look forward to explaining to people that Toronto does in fact have a pro-football team. #argos #greycup100

@bryann_paul: Had fun watching the 'Santa Cluase Parade'. One of my #firsts in toronto!:)

@JPdelemons: So many Santa Claus parade tweets. OMG maaan I should've gone.

@tdotsfinest26: #Marlies, #Raptors, #Argos won tonight! What a day to be a Toronto sports fan! Proud of the boys!!! #OnToTheNextOne

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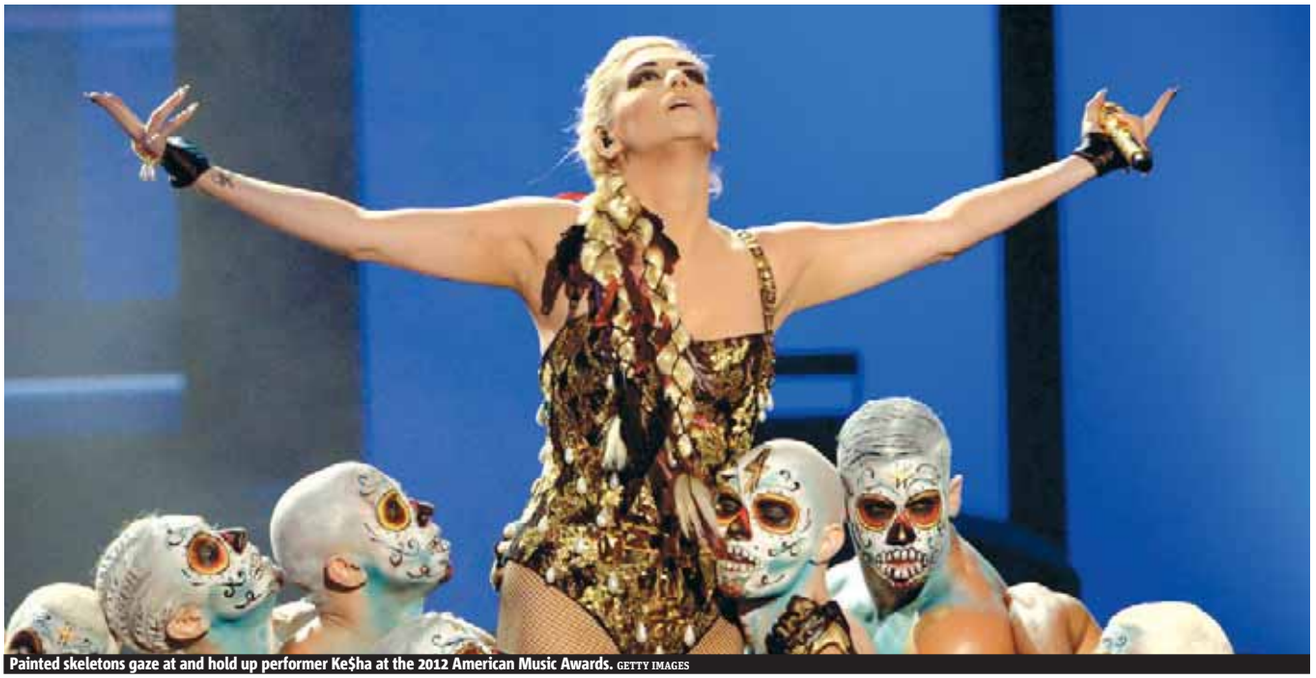

Painted skeletons gaze at and hold up performer Ke$ha at the 2012 American Music Awards. GETTY IMAGES

Minaj just in it for the music

AMAs. Artist takes home favourite rap/hip-hop album award while Justin Bieber shouts out to haters when he wins first award of the night

Exclusively online

For more shots of entertainers from the show and a full list of the winners, visit metronews.ca/scene.

Justin Bieber is thanking his haters.

The 18-year-old won favourite pop/rock male artist in the first award handed out at Sunday's American Music Awards and gave a shout-out to those who didn't think he would last on the music scene.

"I want to say this is for all the haters who (said) that I was just here for one or two years. I feel like I'm going to be here for a very long time," he said, also thanking his mom, manager, family and his "beautiful, beautiful fans."

Nicki Minaj was also a consecutive winner, picking up her second trophy for favourite rap/hip-hop album for Pink Friday: Roman Reloaded.

Minaj was a blond bombshell. Her hair was busy and full of volume and she sported a neon strapless gown.

Along with Rihanna, Minaj was the top nominee with four nominations.

"I don't do music for awards," the 29-year-old said in an interview. "It's so crazy because people always have to remind me that I'm nominated for an award when I go to award shows.

"I'm really going there to perform Freedom," Minaj said of her new single. "I'm very, very proud of the record and I'm happy that people are going to get to hear it."

Usher kicked off the three-hour show with green laser lights beaming onstage as he performed a medley of songs, including Numb, Climax and Can't Stop, Won't Stop, which featured a smoky floor and a number of backup dancers, as Usher jammed in all black, with the exception of his red shoes.

THE ASSOCIATED PRESS

Nicki Minaj GETTY IMAGES

Carly Rae Jepsen, of Call Me Maybe fame, jumps out of a pink telephone booth at the show. Jepsen won favourite new artist. "I am floored. Wow," she said. GETTY IMAGES

Gangnam Style Korean superstar PSY. THE CANADIAN PRESS

Usher kicked off the awards with the first performance of the night. GETTY IMAGES

Poncho Sampedro playing alongside Neil Young. GETTY IMAGE

No one's perfect, not even Sampedro

Crazy Horse. Guitarist credits his success to being confident, but can't sing one whole Neil Young song all the way through

PAT HEALY
Metro World News in Boston

Poncho Sampedro is a humble man. During a half-hour discussion, the rhythm guitarist for Crazy Horse proudly acknowledges limitations with his instrument, limitations with his band's sound and limitations with his own ability to recite the lyrics of any of the Neil Young songs that he's been playing for more than 30 years.

"I try to pick up on the words, but unfortunately I'm not that good at it. And so there's a lot of his songs I have my own words for," he says. "I can't sing one whole song all the way through, I don't think."

Even if he went into a karaoke bar and somebody signed him up for a rock radio staple like Powderfinger?

"I can make it through the first and second verse, I think. Only because we used to rehearse it and I'd sing a couple of verses to get us going," he says.

But to say that Sampedro is humble doesn't mean he's lacking in confidence. He says that confidence is the key to his success, and the reason that some of the elementary rhythms he has committed to tape are such classics.

"If you're confident that you're going to go up there and make it from the beginning of the set until the end, I think good things will happen," he says. That confidence and dedication is all over the new albums that Neil Young and Crazy Horse released this year. Though tracks like Oh Susannah or This Land is Your Land on this spring's Americana album are standards, there is nothing standard about them in the hands of these four guys.

"We have one sound and we can't get away from (it) even if we try," laughs Sampedro. And with this fall's double-album they're even more themselves, as they get far out on the 27-minute jam haze of Driftin' Back. All of the material benefits from the assured approach of a band that just knows how to play off each other. But don't confuse confidence with perfection. "I know there is a place where I play and I kind of walk through the clam fields for a while, and then Neil does the same thing," recounts Sampedro. "I mentioned it to him. I said, 'Neil, if you listen to it, there are two spots where both of us are lost and we could clip that out easily, it's just a few seconds.' And he said, 'Well, then they wouldn't know how we got to the next place.'"

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Mraz on Myanmar gig: 'I hope we can actually make a difference'

Making history.
Singer-songwriter is first international artist to perform open-air concert in country since end of military rule

Jason Mraz will make history next month when he performs in Myanmar to raise awareness about human trafficking.

Mraz will headline a free outdoor concert on Dec. 16 at People's Square in Yangon, at the base of Shwedagon Pagoda.

The Grammy-winning singer-songwriter is the first international artist to perform an open-air concert in the country since the end of military rule last year. And he is believed to be just the second Western act to perform in the country in decades, joining Ozomatli's U.S. State-Department-sponsored appearance in 2009.

Quoted

"I'm going there with an enormous amount of gratitude and respect."
Jason Mraz
On his upcoming trip to Myanmar.

"That's pretty exciting," Mraz said of the history involved, "and I'm going there with an enormous amount of gratitude and respect, and I hope we can actually make a difference. I hope it's also a testament to the songs. I've always wanted my songs to be about healing and self-empowerment, and if this is the way MTV is acknowledging that, then I am incredibly grateful."

The show includes local acts and is hosted by MTV EXIT, the music channel's initiative to raise awareness about human trafficking and exploitation. It will be broadcast on Myanmar national television and will air on MTV's international network in 2013. Mraz hosted a similar concert in the Philippines last year. He first became interested in the issue about four years ago when he attended the Freedom Awards, an annual salute to those working against human exploitation put on by the organization Free the Slaves.

Jason Mraz is set to make history with his Myanmar performance. AP PHOTO

"I thought this was something that was abolished when Abraham Lincoln signed the Emancipation Proclamation, but all it did is become hidden from our view," Mraz said in a phone interview from Zurich, Switzerland. "There was a recent estimate that there are about 27 million people enslaved on the planet, certainly due to hard economic times not just in the western world but certainly in Third World countries. Humans as a commodity is a great way to run your business. So I signed on, lent my voice, lent my music to the cause."

Myanmar is opening itself to the world since a military junta ceded power to a new elected government last year. President Thein Sein's government has pushed the country toward democracy, and on Monday, Barack Obama is scheduled to become the first sitting U.S. president to visit the country.

Mraz says there is concern predators will prey on the vulnerable in this time of great flux. The concert offers an opportunity to "educate, empower and engage." The 35-year-old singer says he plans to tailor his show to the message.

"I do curate a set list that I feel is going to be part of that educate, empower and engage (theme)," he said. "Obviously songs like I'm Yours, I Won't Give Up are great examples. Or 93 Million Miles is a new one where it's about believing in yourself. And a lot of my songs are about that, about believing in yourself and really going for your dreams. Those are the kinds of songs I'll be playing at that show." THE ASSOCIATED PRESS

Quoted

"I thought this was something that was abolished when Abraham Lincoln signed the Emancipation Proclamation. But all it did is become hidden..."
Jason Mraz
On slavery.

Despite country duets, Clarkson staying in pop

Greatest hits album. Former American Idol talks about new disc, future plans for her music career and personal life

There's a reason Kelly Clarkson has performed duets with country superstars like Reba McEntire, Jason Aldean and Vince Gill but never one of her Top 40 colleagues in the 10 years since she became the first American Idol. They've turned her down — eight times.

"I have, like, 5,000 duets in country music," Clarkson says, flashing a smile. "I don't have one in pop. That's legitimately because everyone turns me down. I'm not even kidding. I've asked so many artists to sing with me. Everyone legitimately turns me down! The only one that hasn't was Chris Daughtry."

The sugary sweet pop star who's called Nashville, Tenn., home for the past six years isn't naming names (and much to the dismay of fans, her collaborations with fellow Idol alum Daughtry were never released.) While she hasn't exactly been able to hook up with the perfect pop ally, Clarkson has found a partner outside the recording studio.

When asked what's impacted her life most over the past 10 years, other than winning the Idol prize, Clarkson doesn't hesitate to say it's falling in love with current boyfriend Brandon Blackstock, a Nashville-based talent manager whose father is Clarkson's own manager and stepmother is McEntire. The pair has been an item for the past eight months.

"I completely fell in love," she says. "Welcome to Cheeseville! I did. I don't know. Your priorities kind of shift and you become happier, and all that stuff. It's probably my best accomplishment because I think, for me, especially, I just didn't think it would happen. It's like one of those cheesy love songs that didn't exist, but it does, so that's cool."

Clarkson was originally apprehensive about releasing a Greatest Hits album. She's only 30, after all. Her label convinced her that it would be a celebration of her music career since winning the first season of Idol in 2002. And she could record some new tunes, including Don't Rush, her soulful throwback country duet with Gill.

Another duet, her Don't You Wanna Stay collaboration with Aldean, helped her score a nomination for female vocalist of the year at the Country Music Association Awards. Obvious fan interest combined with her affinity for the music has led to speculation she might one day release a country album.

Despite the camaraderie she feels from the Nashville music scene, she isn't fully committed to making a leap from pop diva to country star. Though she isn't ruling out going country from time to time.

"I'm not ever gonna be one thing," she says. "I want great music. I don't care what it is."

THE ASSOCIATED PRESS

Quote

"I'm not ever gonna be one thing. I want great music. I don't care what it is."

Kelly Clarkson
Talking about getting into the country music scene from time to time.

Kelly Clarkson's newest album, Greatest Hits: Chapter One, is released this week. MATT SAYLES/THE ASSOCIATED PRESS

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No audience feedback for Community, but return is announced

A scene from Community. HANDOUT

In limbo. Show was set to be axed before NBC gave it reprieve, and star Joel McHale has confidence in latest episodes

NED EHRBAR
Metro World News in Hollywood

The cast of Community is deep into filming the show's fourth season, but can't shake the feeling that something's missing.

No, it's not show creator and former show-runner Dan Harmon, who was quite publicly and unhappily removed from his post this past spring after the witty comedy failed for three seasons to take off in the U.S. ratings.

No, it's the fan interaction that's missing, at least according to star Yvette Nicole Brown.

"We of course feel the loss of Dan, but as far as our day-to-day life of doing a show, it feels the same," she says.

"The only thing that's missing is because we're not airing we don't have that third part of our little group, which is the audience telling us what they think. It's usually us making it and then we have our audience going, 'Yay!' or, 'Boo!' And we kind of course-correct.

"I'm the one, right when the show is on, if we're working, I go right on Twitter to look at the hashtags and see what they're saying, and Joel (McHale) is like, 'What are they saying, Yvette?'"

NBC, the show's network in the U.S., first ordered an abbreviated 13-episode fourth season of Community and then pushed it off the fall schedule, leaving it in limbo until it was recently announced it would return to North American audiences in February.

But when we visited the set, the cast was already filming the season finale. "I guess you miss the feedback if it were to have started to air, but I feel the episodes are good, so I'm not too worried about it," says McHale.

"With the forced hiatus last year and now the bumping of the date this year, I think it increases the fans' resolve."

The changes have also opened up new opportunities for the cast, particularly for Jim Rash, who plays Dean Pelton. For season three, Rash was promoted to series regular status as his bizarre character became more involved in the show.

And season four finds Rash, who won an Oscar for co-writing last year's The Descendents, writing an episode himself, an experience that made him "neurotic and freaked out," he says.

"All eyes are on you. It's like, how dare you think that you could possibly do this?"

But co-star McHale says not to believe the false modesty. "Winning an Oscar helps," McHale jokes. "He brought the Oscar with him to set. A lot of the time it would be like, 'Jim, I don't really understand this line,' and then he would just hold up the Oscar and go, 'Is that clear? Good.'"

Quoted

"All eyes are on you. It's like, how dare you think that you could possibly do this."

Jim Rash, actor and Oscar-winning writer
On writing a Community episode himself

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Finale. Twilight takes one last bite at box office

The sun has set on the Twilight franchise with one last blockbuster opening for the supernatural romance.

The Twilight Saga: Breaking Dawn — Part 2 sucked up $141.3 million domestically over opening weekend and $199.6 million more overseas for a worldwide debut of $340.9 million.

The finale ranks eighth on the list of all-time domestic debuts, and leaves Twilight with three of the top-10 openings, joining 2009's New Moon (No. 7 with $142.8 million) and last year's Breaking Dawn — Part 1 (No. 9 with $138.1 million).

Last May's The Avengers is No. 1 with $207.4 million. Batman is the only other franchise with more than one top-10 opening — last July's The Dark Knight Rises (No. 3 with $160.9 million) and 2008's The Dark Knight (No. 4 with $158.4 million).

Comedic chemistry

Who needs writers? Community stars Joel McHale and Jim Rash (himself an Oscar-winning screenwriter) prove in our interview that they'd make a dynamite comedy duo all on their own, often letting serious answers disintegrate into mock-insults and bizarre back-and-forths. Here's a sample:

METRO: What would you say is the strangest fan experience you've had?

JIM RASH: Well, seeing someone dress their kid up as Dean Pelton for Halloween, I guess is weird. Joel, you've probably had something weirder than I have.

JOEL MCHALE: I'm trying to think. There's inappropriate, but weird... There's never –

JIM RASH: I sent my sperm to one fan. Is that weird?

JOEL MCHALE: You did?

JIM RASH: She asked so nicely for it.

JOEL MCHALE: That's weird. That is weird. Don't do that again.

JIM RASH: What? I did it in private!

JOEL MCHALE: Well, I guess it's legal...

Joel McHale, a.k.a. Jeff Winger, from Community. GETTY IMAGES

Jim Rash, or as he is known on Community, Dean Pelton. GETTY IMAGES

It's the end of the world as we know it — how prepared are you?

Doomsday Preppers. Second season follows the Southwick family, who specialize in stocking food and advocating self reliance

AMBER RAY
Metro World News in New York

The Southwick family stars in Doomsday Preppers season 2, which premiered last week on National Geographic. HANDOUT

The people readying themselves for the end of the world by practicing how to quickly don a hazmat suit and hoarding gasoline may have seemed a bit out-there when Doomsday Preppers debuted in February on National Geographic Channel.

But as the show's second season premieres at the same time as some of the U.S.'s most populated areas are still trying to recover from the devastating aftermath of Superstorm Sandy, audiences may begin to believe these cautious over-planners aren't so crazy after all.

"We hope we don't get the last laugh," says one of the show's prepping experts, David Kobler, who is also co-founder of Practical Preppers LLC, a company that specializes in preparedness products and consultation. "We're Americans just like you guys, and we don't want anything bad to happen to our neighbours, our country. But we want to protect our family."

One family ensuring they will survive the worst is the Southwicks, a clan of eight featured in season 2 who live in suburban Salt Lake City. The mother, Kara, says the family doesn't stock a year's supply of food for just grand-scale disasters.

"Maybe we run into a financial crisis, a car breaks down or we have a job layoff for 30, 60 days, whatever the case might be, then we are prepared for that," she says of her impressive cache of non perishables. "And I think we're teaching our kids responsibility to be self-reliant, to rely on themselves when things come up."

"That's true," adds her husband, Braxton. "(The goal is to) not look to the government for help, but be able to sustain (ourselves)."

Prepping Southwick style

Whether hit with a smallpox outbreak or earthquake, the Southwick family is ready. "It's human nature to be survivalists," says mom Kara. Here's how they're prepping:

- **Bag.** Each family member has a Bug Out Bag stocked with a three-day supply of food and water and other necessities.
- **Food.** Their storage room houses a year's supply of food, as well as chemical suits.
- **Coal.** The Southwicks buried 1,000 pounds of coal and have stored more than 100 gallons of diesel fuel and propane.
- **Rifle.** Each child, ranging in age from 13 to 20, knows how to handle a rifle. "If we have to, we'd hunt," says Braxton. "Using weapons to protect yourself is an extreme."

Company behind Kennedy series heads back to Camelot

Last year's The Kennedys, starring Katie Holmes, was mired in controversy.
THE ASSOCIATED PRESS

New project?
Entertainment firm reports it has acquired the rights to a book that looks at America's royals, post 1968

The Montreal production company behind last year's controversial look at the Kennedy clan is returning to Camelot.

Muse Entertainment Enterprises says it has acquired the book rights to J. Randy Taraborrelli's book After Camelot.

The plan is to co-develop a mini-series with the U.S. specialty network Reelz Channel that will trace the story of the Kennedy family from 1968 to the present.

Last year's History Television series The Kennedys starred Greg Kinnear as John Kennedy, Katie Holmes as Jackie Kennedy and earned Barry Pepper an Emmy for his turn as Bobby Kennedy.

Early on, the Toronto-shot drama became mired in controversy when reports suggested the Kennedy family and supporters were unhappy with it.

Although the U.S. History channel had initially commissioned the project, it ended up dropping it.

The eight-hour miniseries was picked up by Reelz Channel in the U.S. and went on to garner 10 Emmy nominations.

The Kennedys covered the Bay of Pigs invasion, the Cuban missile crisis, the civil rights movement and the assassinations of JFK and RFK.

Muse president Michael Prupas suggested there's much more to explore.

"The Kennedy family continued to make an indelible mark on the life of America and the world after Robert Kennedy's assassination, including universal health-care and the creation of the Special Olympics," Prupas said in a release.

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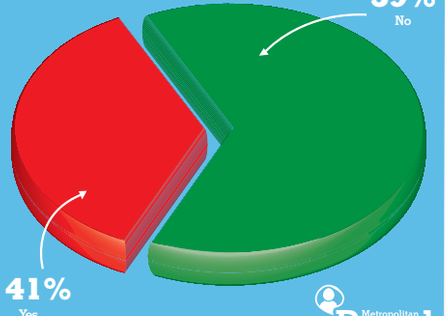

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King Lear! Glee co-creator Murphy heaps praise on legendary producer

Inspired. American Horror Story creator influenced by the innovative Norman Lear as pair are set to receive honorary awards

Glee co-creator Ryan Murphy didn't hesitate when given a chance to pay tribute to his American idol, legendary TV producer Norman Lear, at the 40th International Emmy Awards.

Lear's sitcom, All In the Family — and its spinoffs Maude and The Jeffersons — mixed humour with an honest examination of the key social issues of the day like, racism, sexism, even abortion, rape and homosexuality. Decades later, Murphy is following the path blazed by Lear with his shows, Glee and The New Normal.

Murphy and Lear are to receive honourary awards at Monday night's International Emmy Awards Gala.

"I remember watching his shows when I was young and being moved by them," Murphy said of Lear from his production office in Los Angeles. "The way he tackled social issues so directly and opened a conversation about things no one wanted to talk about was fascinating to me.

"I try to do the same in my work, most recently with the Obama Mama episode of The New Normal, which was inspired by All in the Family."

In that Sept. 25 episode of his new NBC sitcom, about a gay male couple and the surrogate hired to carry their child, there's a heated discussion at a dinner party over whether to support Barack Obama or Mitt Romney reminiscent of Archie Bunker's debates with his liberal son-in-law Mike, whom he called "meathead." Ellen Barkin's character, Jane Forrest, the surrogate's ultraconservative grandmother, is prone to making racist and homophobic remarks much like the curmudgeonly working-class Bunker.

At Monday night's ceremony, hosted by Regis Philbin at the Hilton New York Hotel, Murphy will be presenting the 40th Anniversary Special Founders Award to Lear, now 90, and MASH star Alan Alda. The organizers wanted to mark the milestone anniversary by honouring a producer and performer who had groundbreaking shows on the air in 1972, when the International Emmys were first presented.

"Each of them is an iconic person in the history of the television business ... who were part of that incredible vanguard of a new kind of socially relevant, often in-your-face, television programs that really did change the medium," said Bruce L. Paisner, president and CEO of the International Academy of Television Arts & Sciences, which presents the International Emmys honouring excellence in television programming produced outside the U.S.

"MASH very cleverly used the Korean War as a stand in for social commentary on the Vietnam War. ... All in the Family — as well as everything that Norman did — was a new approach to addressing social issues on television," said Paisner. To complete the circle, Jessica Lange, the star of Murphy's gothic contemporary TV series American Horror Story, will present him with the honourary 2012 International Emmy Founders Award. "In terms of being at the cutting edge of changes in our society, Ryan Murphy may be the most significant producer in the industry today. He is trying very hard to change the way people think in ways that get people to be more inclusive and tolerant," said Paisner. With Glee, Paisner noted, Murphy also created a novel format mixing music with drama/comedy, which has had an influence abroad.

Glee co-creator and writer of American Horror Story. GETTY IMAGE

Norman Lear is an idol of Murphy's and he created such shows as All in the Family and The Jeffersons. GETTY IMAGE

Cast of Lear's influential show All in the Family. HANDOUT}

Quoted

"The way he tackled social issues so directly was fascinating to me."

Ryan Murphy, Glee co-creator
On why Norman Lear appealed to him.

A total of 38 nominees from 15 countries will compete for awards in nine categories on Monday. British television productions received a leading seven nominations, including best actor and actress nods for Jason Isaacs, the villainous Lucius Malfoy in the Harry Potter films, in the crime mystery Case Histories and newcomer Joanna Vanderham in The Runaway.

Singapore's The Kitchen Musical, a music-dance-drama about a young girl fresh out of a Parisian culinary school who goes to work in her father's famous restaurant, received two nominations.

Brazil had five nominations, all for TV Globo productions, while Argentina's four nominations included acting nods for Dario Grandinetti and Cristina Banegas in the mini series Television por la Inclusion. Paisner said the International Emmys have come a long way since 1972, when about 100 people gathered in a New York hotel for a modest ceremony.

Now, the academy presents International Emmys in 20 categories. More than 1,000 television industry representatives from around the world are expected for Monday's gala.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Rihanna Unapologetic about her Cockiness

Rihanna opened her show in Paris on Saturday, just as in Stockholm on Friday, with Cockiness — which is a fitting kickoff song, and it seems like the perfect way to describe her attitude while promoting her new album, Unapologetic (a title which is also in line with her current attitude).

The Paris gig at the beautiful Le Trianon theatre was a short one — only about 45 minutes due to an early curfew. However, the after-show party at exclusive club VIP on Champs Elysées did not disappoint. When the singer arrived around 3 a.m., she was joined by an entourage that included P. Diddy, Pharrell Williams, Omarion and Akon.

"We are here for Rihanna," P. Diddy announced, "and she has a wish. Only hip-hop!"

The music changed instantly and the party got started.

Guitarist Nuno Bettencourt first made his name in the Boston rock group Extreme, but for the past three years he has been Rihanna's go-to guitarist. He says he enjoys playing the more intimate gigs on this tour.

"I definitely see another side of her on stage," he told me on the plane yesterday. "Tours tend to be overly choreographed. It's not just the dancing, but where you walk and when to talk to the audience. Now I've seen her free to say exactly what she wants — even though it isn't completely fit for children's ears."

METRO'S KATARINA MATSSON HAS FOLLOWED RIHANNA ON HER JET DURING THE PARTIES AND PERFORMANCES OF HER 777 TOUR. MATSSON HAS BEEN ONE OF THE FEW REPORTERS ALLOWED ON THE PLANE.

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Bieber pulls a Romeo outside Gomez's gate... but with swear words?

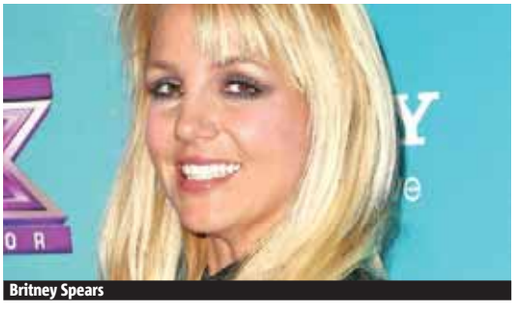
Justin Bieber ALL PHOTOS GETTY IMAGES

After being spotted sneaking into the Four Seasons Hotel in Beverly Hills together Friday afternoon, recently split pair Justin Bieber and Selena Gomez reportedly hit up Japanese restaurant Yamato in Encino, Calif. That outing, though, didn't go so well, according to Us Weekly. "They had just sat down and didn't order anything when they started to fight. Ten minutes later, they stormed out without speaking and she drove off in her car," a source says, adding that Bieber followed her to her home. He reportedly started yelling her name over the fence and began "swearing and yelling and lost his temper" when he realized he was being photographed.

Taylor Swift

Dear Taylor: Swift serves as love doc for mag

With an impressive number of failed romances under her belt — and the songs of heartbreak to prove it — Taylor Swift might be the last person you'd want to listen to for relationship advice, but Seventeen magazine is letting her do just that. Swift is serving as a guest advice columnist for the magazine's December issue. "Remember that people have to fall in love with you because they want to, not because you want them to," Swift writes. "Don't chance ruining your friendship by chasing him before he's ready. You just have to wait for him to turn it into something more, if and when he wants to."


Britney Spears

Britney may have her hooks in a little too deep for fiancé's liking

Trouble may be brewing between Britney Spears and fiancé Jason Trawick, according to Us Weekly. Sources say that Spears has become something of a nag and makes Trawick "check in with her" and it's driving him crazy. A source adds that Trawick will "put her on speakerphone so friends can hear her nagging." Spears' reps, though, say there's no truth to the story, calling it fabricated.

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Travel etiquette

Grooming grief

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Imagine sitting at a restaurant and the person next to you starts cutting his or her nails. It would be exceptional, yet it isn't uncommon to witness a fellow passenger doing this on an airplane, where you are seated considerably closer to them.

Don't be that person. In fact, don't do anything with your nails — polishing, unpolishing, clipping, or biting. Particularly if they aren't your fingernails. Got a pimple or anything else you feel the need to squeeze? Leave it alone until you're in the bathroom, please. Something stuck in your teeth? Flossing and picking them in your seat is a definite no-no. Sprays of any kind (hair, perfume, spritzers) always have collateral damage. Feel a desperate need to brush yours (or your child's) hair? Don't do it. Refrain from putting on makeup, beyond a slash of lipstick.

Lastly? The pull down tray in front of you is not a baby's change table.

Emergency or not, change your baby in private. ISTOCK

Exclusively online

Baby, it's cold outside. And is that green stuff oozing out of your nose? Cue hysterical WebMD surfing and an exponential increase in number of orders barked at Daddy. Follow along with the comedic (mis) adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices.

Massage rubbing off on parents looking to bond with their babes

Touch therapy. Take a little bit of time to help your little one relax — it has plenty of health benefits

DOROTHY ROBINSON
life@metronews.ca

Spending just a few minutes each day massaging your baby can help to increase the bond, interaction and communication between the two of you. But how do you start? Tina Allen, an internationally respected educator, author and expert in the field of infant and pediatric massage therapy, shares her advice.

1. Choose the best time and place. Creating the best environment for massage is an ideal way to give yourself and baby time to relax. Choose a familiar place that is warm, quiet and with few distractions.

The best time for massage is when baby is awake, healthy and happy. Some babies prefer the morning, while others prefer the afternoon or before bedtime.

2. Be comfortable. Relax, enjoy and have fun. Position yourself so that you are comfortable. Be sure baby is safe and placed on a soft area. Keep in mind that babies roll and become slippery when using oil. Be sure your hands are warm and clean before you begin.

3. Consider a massage oil. While it is not required, using oil can help make massages more enjoyable for some babies and parents.

Olive oil and grapeseed oil are some of the best choices for infant massages. However, if you choose to use lotions, be sure to choose a nontoxic option, like Seventh Generation baby lotion, which contains olive oil as a main ingredient.

4. Listen in. Infant massages can be a wonderful tool for increasing your communication.

Massage is not something that parents do to their baby, but rather with their little one. Listen to your baby. He or she will give you the signals to let you know his or her comfort level.

5. Know when not to massage. Never provide massage when your baby isn't receptive to it (when sleeping, crying or fussy).

Avoid massage when your infant is ill, has a fever or infection, or if your little one has broken skin, a rash or bruising. Wait at least 48 to 72 hours following immunizations, and for a tummy massage, wait 30 minutes after eating. If your child has any special health care needs, seek further guidance as to what would be the safest approach to use.

Benefits for baby

Here's how a massage can help your youngster.

- Encourages healthy weight gain
- Increases brain development and growth
- Stimulates all systems of the body
- Aids in digestion
- Eases discomforts associated with gas, constipation and congestion

The key to the baby massage? Relax, enjoy and have fun. ISTOCK

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Fire up your weeknight with a quick and easy Pot au Feu

This Pot au Feu takes 40 minutes and serves four. THE ASSOCIATED PRESS

Here is an untraditional weeknight version of the French stew known as Pot au Feu.

1. In a large saucepan over medium-high heat, combine the broth, carrots, parsnips, turnips, leek, garlic, thyme sprig and bay leaf. Bring to a boil and simmer for 15 to 18 minutes, or until the vegetables are tender. Meanwhile, in a large skillet over high, heat the oil. Season the steak with salt and pepper.

2. When the oil in the skillet is hot, reduce the heat to medium-high and add the steak. Sauté until well browned on both sides and medium-rare at the centre, 8 to 10 minutes total. Transfer beef to a plate, cover loosely with foil, and let rest 5 minutes. After 5 minutes, thinly slice beef against grain.

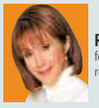
3. In a small bowl, stir together the yogurt, wasabi and any juices from the beef plate. Season with salt and pepper. Discard the thyme sprig and bay leaf, then divide the vegetables and broth among four soup bowls. Arrange a quarter of the steak in the centre of each bowl and top portions with a spoonful of wasabi cream and a sprinkle of chives. THE ASSOCIATED PRESS

Ingredients

- 6 cups low-sodium chicken broth
- 2 medium carrots peeled and sliced 1/2 inch thick
- 2 medium parsnips peeled and sliced 1/2 inch thick
- 2 small turnips peeled, quartered and sliced 1/2 inch thick
- 1 medium leek, white part only, halved lengthwise, sliced 1/2 inch thick and rinsed well
- 2 cloves garlic, minced
- 1 sprig fresh thyme (or 1 teaspoon dried)
- 1 bay leaf (Turkish)
- 2 teaspoons olive oil
- 1 pound flank steak
- Kosher salt and ground black pepper
- 1/3 cup fat-free plain Greek yogurt
- 1 teaspoon prepared wasabi
- Chopped fresh chives or parsley

Healthy eating

Choose it and lose it



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The Keg is a well-known steak house, but that doesn't mean everything on its menu is healthy. Watch out for the enormous amounts of calories and sodium in some of its items.

Prime rib (10 oz) with mushrooms, jus, horseradish, and frizzled onions

1,050 calories / 59 g fat / 2,543 mg sodium

Prime rib is the one cut that is the most damaging to your health. It's marbled with fat throughout and half the calories come from fat. The sodium is high due to the au jus giving you 1 ½ day's worth.

Equivalent

Equivalent to 10 tbsp of butter in calories

Sirloin steak (12 oz) with vegetables

511 calories / 22 g fat / 651 mg sodium

The Sirloin does not have fat marbled throughout and you can trim the outside fat, making this a healthier cut. It's even 2 ounces more in weight and yet surpasses the prime rib in nutrients.

‘This is my hobby gone wild’

Nothing to wine about. Up-and-coming urban winery winning praise in unlikely zone

When you picture a winery, you might imagine a rustic building nestled among breezy rows of grapes, not a cinder block bunker squeezed between a rail switching yard and an urban highway.

But the gritty industrial zone that Pacific Breeze winery calls home, with its tangle of transportation lines, chain link fences and blacktop, hasn’t stopped this urban winery from scoring a string of top awards only a few years after being launched by a couple of amateur winemakers.

“This is my hobby gone wild,” said Pacific Breeze co-owner Maurice Hamilton, who founded the winery in 2005 with his partner, Frank Gregus, after the two met at a wine club in Coquitlam, B.C.

Hamilton, who still works at his original job selling dental supplies, and Gregus, a former Pepsi salesman, have no formal training in making wine, but between them claim more than 50 years of experience producing wine in their garages and basements. Running a commercial winery was only a dream, until Hamilton visited Woodinville, Wash., where he found small wineries operating without vineyards.

“It gave me the idea I don’t have to grow grapes to have a winery. So that was really the a-hah moment, the revelation that, wait a minute, I can do this,” he said, envisioning a stand-alone winery. He pitched the idea to Gregus, who was quickly on board.

“You put two entrepreneurial salespeople in a room and this is what happens,” Gregus said.

With an initial investment of $1.2 million, including bank loans and some of their own money, the partners set up Pacific Breeze, inspired by the urban wineries they’d seen in the U.S. and the so-called “garagist” small winery movement in Europe.

Picking the New Westminster industrial area was a matter of zoning, price and convenience, but Hamilton admits it’s a tough sell when they’re trying to lure people in to sample their products.

“People come into the tasting room all the time and go, ‘Oh wow, where’s the winery?’ And you know what they’re asking is, ‘Where’s the vineyard?’ Of course they think they’re the same thing, but they’re not. The vineyard is where you grow the grapes; the winery is where you do the manufacturing,” Hamilton said.

The partners say having a vineyard can limit the quality of wine they can make, and their approach is to cherry pick the best grapes they can find in Washington, Oregon and California.

“So rather than have it all in one area, we take the best that each area has to offer for that particular variety of grape,” Gregus said.

Harry Hertschag, executive director of the Vancouver International Wine Festival, said the key issue for him is the source of grapes is made clear on the label so consumers know exactly what they’re getting.

“I think it’s great that Pacific Breeze is doing that because they’re telling you what vineyards its coming from and that’s a good thing,” he said.

He also sees a growing movement of having wineries that are closer to their marketplace.

“I think we’re going to see more of these type of urban wineries, which also allow people to visit them, or be able to use those spaces for wine events without having to drive five hours to the Okanagan to have that experience,” he said.

Hamilton and Gregus currently produce 5,000 cases a year, including reds like the winery’s signature cabernet Killer Cab, a zinfandel called Assazin and whites like chardonnay and pinot gris.

Their wines proved an immediate hit, with Pacific Breeze claiming awards at the first competition it entered — in San Francisco in 2005 — before being named winery of the year in 2010 at the InterVin International Wine Awards in Toronto.

“Virtually everything we put in won best in its class,” Hamilton said. “We were really proud of that.”

“There’s a thousand decisions that go into making wine from grapes to bottle,” Gregus said of the company’s awards. “But one thing that doesn’t change is if you don’t have great fruit you cannot make great wine.”

THE CANADIAN PRESS

Maurice Hamilton, left, and Frank Gregus raise a glass at their winery in an industrial area of New Westminster, B.C.

Cheers!

“Virtually everything we put in won best in its class. We were really proud of that.”

Maurice Hamilton
Pacific Breeze co-owner

Peculiar place to grow?

A surprisingly grape location

Last year, Pacific Breeze turned a small profit for the first time and expanded into space next door, confirming its commitment to its unlikely locale.

• “We’re in a terrible location, we get that,” Hamilton said. “To this day we have people come to us and say, Well, you couldn’t make world class wines in New West. Why couldn’t you if you’ve got the grapes? Because it’s really about the grapes.”

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"You see, anyone can schmooze someone and close a deal, but when a reputable client returns, you know that you and your team are doing something right."

Julian Brass
Founder of Notable.ca

Julian Brass. PROVIDED

Name: Julian Brass
City: Toronto and Montreal
Age: 29
Occupation: Founder and publisher of Notable.ca

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Julian Brass started hosting events at a young age and loved bringing people together.

After working in Florida and California, he decided to move back to Canada and start Notable.ca, an online resource for connecting young, driven, professional adults with elements relevant to taking their professional and social life to the next level.

During the startup phase, Brass was living in his father's basement with no income.

Four years later, Notable.ca has a team of 25 people handling more than one million visitors a month.

I knew I was on my way when... we started to have repeat advertisers approaching us to work together again. You see, anyone can schmooze someone and close a deal, but when a reputable client returns, you know that you and your team are doing something right. That was an exciting feeling the first time it happened. Now, it's a regular occurrence.

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• Set a goal and work backward
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• Effort and sacrifice
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I can guarantee it will be worth it in the end and I would give nothing back for the ride I've had in the last four years.

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The university experience is comprised of various different aspects of social and scholastic life.

Looking back on my time at the University of Toronto, I realized that, for many of those years, I didn't take full advantage of everything higher education had to offer.

As I entered my fourth year, however, I decided that things would change. I made a pledge to myself to step out of my comfort zone, try new things and hopefully become a more well-rounded person.

University or college is not only about reading textbooks or writing essays, but also provides you with vital skills and experiences which can be used later on, mainly in a career environment.

For most of my time at school, I only focused on academia and maintaining friendships with the people I had known from my hometown. Yet, I decided for my fourth and final year, I would make an attempt to meet new people with similar interests and get more involved in the topics that interest me.

I have found that the initiative taken in my final year has given me not only the opportunity to have new experiences, but also a fresh perspective on the career path I am pursuing.

Join a club

Joining a club at school is not only a great way to meet new people, but also an easy way to develop leadership and communication skills. These skills make you a more confident person, but more importantly, they make you more hireable.

The club that I joined at the U of T was the United Nations development program. I applied on a whim and landed an executive position as a project manager of the women's empowerment initiative. I assisted in the planning of an International Women's Day event, delivered speeches and presentations and met with potential new members.

As a result of my involvement with this club, I improved my ability to communicate with others, especially in front of large audiences. Furthermore, I now have experience in project management and taking on leadership roles.

Look around you

Find unique opportunities in your new community

- Often times when students begin post-secondary school, they move to cities they are not very familiar with. Although this can be a scary experience, it is an extremely beneficial one that encourages personal development. New cities offer the opportunity to meet new people, explore innovative industries and research corporations and businesses you otherwise wouldn't have known about.

Get a job on campus

As a student, you often find yourself very broke but also very busy. While people often need part-time jobs during their time at university, finding such positions can be inconvenient. A solution to this is working on campus.

Working on campus is a great opportunity to become more familiar with your school, faculty and programs. One suggestion is working as a research assistant for a professor. In this job, you not only get experience in the field of your choice, you also gain a great academic reference. Having hands-on experience early on will help you confirm whether or not you are on the right path career-wise.

For instance, early on in university, I had planned on eventually going to law school. However, as I got acquainted with professors and professionals who work in fields such as international development, I came to realize that it was a more appropriate path for me. This was useful in that I began to feel comfortable enough to abandon my earlier plan and fully embrace a new one.

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Argonauts quarterback Ricky Ray is rushed by Alouettes linebacker Shea Emry during the CFL's East Division final on Sunday at Olympic Stadium in Montreal.
PAUL CHIASSON/THE CANADIAN PRESS

Ray guides Argos' ship back to Toronto

CFL. QB puts on show in East final, earning spot in Grey Cup game in first season with club

The Toronto Argonauts acquired Ricky Ray to get them to a Grey Cup game on home turf, and now they can say "mission accomplished."

A masterful Ray passed for 399 yards and dominated the ground game as the Argonauts stunned the Alouettes 27-20 in the CFL East Division final before 50,122 at Olympic Stadium on Sunday afternoon in Montreal.

"He took some big hits and hung in there," coach Scott Milanovich said of his veteran quarterback. "I thought he played a tremendous football game, but that's what he's here for.

"That's why he's the one we wanted."

The Argonauts will play in the CFL championship game for the first time since 2004, when they won their 15th Grey Cup with a victory over B.C.

The game next Sunday against the West Division champion Calgary Stampeders will be played at Rogers Centre, the Argonauts' home field.

"It's been a long season for us, but we've stuck together and just played it one game at a time," said Ray, acquired last winter in a trade from the Edmonton Eskimos. "Now we've got the opportunity to do what we set out to do."

Ray threw a touchdown pass to Dontrelle Inman and Chad Kackert scored on a long touchdown run. Swayze Waters added three field goals for Toronto, which had lost to Montreal in three previous East final meetings.

Chris Jennings and backup quarterback Adrian McPherson had touchdowns for Montreal. Sean Whyte added two field goals.

But the Alouettes could muster only three second-half points, as Anthony Calvillo was picked off twice by Marcus Ball and saw another pass pulled out of the hands of Eric Deslauriers by Pacino Horne that was ruled a fumble.

"The game's over, but you start thinking about the plays that might have made a difference," said Calvillo. "Those are the plays that are going to eat at me. I feel bad for everyone in this room."

THE CANADIAN PRESS

By the numbers

30

The Argonauts last won a Grey Cup at home in 1952, lost one in Toronto in 1982 and now they're home again in 2012 — each game exactly 30 years apart.

Quoted

"Montreal's been on top of the East for how many years and if you're going to the Grey Cup, it's fitting that you take out the team that has been on top."

Argos coach Scott Milanovich, who was the Alouettes' offensive co-ordinator before this season.

Stamps trump champs

Glenn will get his Grey Cup moment

At long last, Kevin Glenn is going to get a chance to play in the Grey Cup.

Glenn threw for three touchdown passes as the Calgary Stampeders upset the B.C. Lions 34-29 in the CFL West final on Sunday before a disappointed crowd of 43,216 at BC Place Stadium.

The Stampeders, who finished second in the West Division behind B.C., will play the Toronto Argonauts for the CFL title next Sunday at Rogers Centre.

The loss denied the Lions a second straight Grey Cup.

Glenn drew the starting quarterback assignment after Drew Tate fractured his forearm in last weekend's West semifinal win over Saskatchewan, ending his season.

Glenn has now earned a Grey Cup berth for the first time in his well-travelled, 12-year CFL career.

"It means a lot to actually be able to actually get a team there and actually be playing in the game," said Glenn.

He was denied the opportunity in 2007 after he led the Winnipeg Blue Bombers to victory in the East final but also suffered a fractured arm.

THE CANADIAN PRESS

Calgary quarterback Kevin Glenn celebrates Sunday's win in Vancouver.
DARRYL DYCK/THE CANADIAN PRESS

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The Toronto Raptors' DeMar DeRozan, right, looks to pass and is guarded by the Orlando Magic's Moe Harkles Sunday at the Air Canada Centre. DAVID COOPER/TORSTAR NEWS SERVICE

Bargnani sparkles against the Magic

NBA. Raptors start hot and then scratch out key home victory

Jose Calderon helped the Toronto Raptors get a key win — by getting Andrea Bargnani involved in the game early.

Calderon had 18 assists in Toronto's 97-86 victory over the Orlando Magic on Sunday, while adding nine points of his own. Bargnani scored 17.

"I thought Andrea was playing with some bounce and passion," Raptors head coach Dwane Casey said. "Jose got him going and got him involved early. Jose is a leader. I cannot say how much I respect his game, his leadership, his heart."

Both Bargnani and DeMar DeRozan were hot early in the game as Toronto opened up a 10-point lead after one quarter.

DeRozan had 11 of his 20 points in the opening quarter. Bargnani added nine in the opening 12 minutes and finished with 17 points. He also had five rebounds, two blocked shots and two steals for the game.

Despite the fast start and an eight-point lead at the half, the Raptors trailed by two points entering the fourth quarter but pulled away to the victory.

The Raptors (3-7) had a big contribution from their bench with Amir Johnson and Linas Kleiza scoring 15 and 12 points respectively.

Orlando led by two points entering the fourth quarter after outscoring Toronto 28-18 in the third. Toronto came back on consecutive three-pointers by Kleiza and Johnson to take a 79-74 lead with 7:25 left to play.

"The bench stepped in," Casey said. "I have a lot of confidence in (Johnson). He's a veteran and knows how to play.

"The only thing, I was tearing my hair out, what little I have left, when he was shooting that three. But he worked all summer on his three-point shot." THE CANADIAN PRESS

Sunday's game

Raptors	Magic
97	86

Quoted

"Andrea is struggling with his shots, as we all know, and today he came out aggressive from the beginning."

Raptors guard Jose Calderon on teammate Andrea Bargnani's performance on Sunday.

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AHL

Sharp Scrivens blanks Heat

Goaltender Ben Scrivens was sharp early and made 24 saves as the Toronto Marlies blanked the Abbotsford Heat 5-0 on Sunday in American Hockey League action.

Toronto (9-5-1) scored three times in seven minutes in the third period — including twice in 30 seconds — to seal the victory.

Ryan Hamilton, Nazem Kadri, Nicolas Deschamps, Matt Frattin and Will Acton scored for the Marlies, who won their second game in a row — and sixth in their past seven outings. Acton added an assist for a two-point game, while Mike Zigomanis chipped in with two assists.

It was the third start in three days for Scrivens, who made 17 saves in a 6-1 win over the Hamilton Bulldogs on Saturday after surrendering five goals on 28 shots in a 6-3 loss at Hamilton on Friday.

THE CANADIAN PRESS

St-Pierre keeps legacy intact

MMA. Montreal fighter 'had a lot of fun' in punishing return to octagon at UFC 154

Striking coach Phil Nurse took one look at Georges St-Pierre in the locker-room before his UFC 154 main event and had a flashback to April 2008.

"Somebody asked me in the locker-room, 'How's Georges looking?' I said, 'You know what? The last time I saw him like this is when he flattened Matt Serra at the same arena,'" Nurse told The Canadian Press.

"That was the (Serra) rematch and that's the last time I've seen him so nervous but itching to go as well, like, 'I just want to get it done quick.'"

At UFC 83, it took St-Pierre just under two rounds to reclaim his 170-pound championship belt from Serra.

On Saturday night before a loud and proud Bell Centre crowd of 17,249 in Montreal, it was longer and bloodier. But it proved to be convincing.

Returning from a layoff of 18 months and 18 days after reconstructive knee surgery, a relentless St-Pierre won a five-round decision over Carlos Condit to unify the welterweight title.

They each won a $70,000 bonus for fight of the night. St-Pierre, as the UFC's top pay-per-view draw, no doubt got millions more.

The judges scored it almost a shutout for St-Pierre: 49-46, 50-45, 50-45. But it was still a bruising, take-no-prisoners fight with St-Pierre pushing the pace from the opening. And the champion was in real danger in the third round.

St-Pierre, who said he got his fire back after such a lengthy layoff, called the fight "a blast."

"I was getting hurt, it was painful, but I had a lot of fun. I love my job," he added.

Quoted

"Before I put the ice on, my head had the shape of an American football.... I hope it gets better with time."

Georges St-Pierre on his physical appearance after Saturday night's fight with Carlos Condit

Silva up next?

Montreal's Georges St-Pierre has now won 10 straight fights and not lost in more than five years.

- His legacy could be further defined in the next year. The GSP win likely means a superfight showdown with middleweight champion Anderson Silva.

St-Pierre (23-2) said his knee felt fine, but being away from the cage for so long, he forgot the full-bore fighting experience.

"The suffering, this feeling of not giving up," he said.

After the fight, St-Pierre had a fat lip, cuts under both eyes and on the bridge of his nose, and a thick band of red abrasions and bumps on his shaved head.

While St-Pierre said he felt some rust, he essentially looked as good as new against a difficult opponent.

"It's huge. Tonight was a big, big night as far as his legacy is concerned," UFC president Dana White said of St-Pierre.

THE CANADIAN PRESS

Georges St-Pierre holds the belt after defeating Carlos Condit in their UFC 154 welterweight title fight on Saturday in Montreal. RYAN REMIORZ/THE CANADIAN PRESS

Schaub and Johnson's career days save Texans

Houston Texans receiver Andre Johnson fights off the tackles of Paul Posluszny, left, and Chris Prosinski of the Jacksonville Jaguars on Sunday in Houston. Johnson caught 14 passes for 273 yards. THOMAS B. SHEA/GETTY IMAGES

Andre Johnson had the game of his life to save the Houston Texans on Sunday.

Johnson finished off a career day by turning a screen pass from Matt Schaub into a 48-yard sprint for the winning touchdown as the Texans rallied to beat Jacksonville 43-37.

"All the good teams find a way to win, no matter if it's ugly, pretty or whatever," Johnson said. "In the win column, it either says 'W' or 'L.' They don't ask how you got it done."

Schaub threw a career-high five touchdown passes, completed a franchise-record 43 passes and finished with 527 yards in the air, second most in NFL history. Warren Moon also threw for 527 yards for the Houston Oilers in December 1990 in Kansas City. Norm Van Brocklin holds the record with 554 for the Rams in 1951.

Johnson caught 14 passes for 273 yards, both career highs; the yardage was a team record. He turned 31 in July, but has been saying for weeks that he's feeling as fit and healthy as he ever has.

"Maybe you guys will believe me after that," Johnson told reporters after the game.

He seemed to be open all day and he was somehow uncovered again when Schaub flipped him the short pass for the decisive score.

Extra quarter

- The Texans (9-1) won an overtime game for the first time at Reliant Stadium and improved to 2-7 in overtime in their history.
- The Jaguars (1-9) have lost three road games in overtime this year.

"When I caught the ball, and I saw how open I was, I was looking around like, 'Where are the defenders at?'" Johnson said. "I took off running, I kept looking. I thought the cornerback would come from the outside, but he wasn't there. It was just the safety, so I was just saying to myself, 'I can't let him tackle me.'"

Johnson surpassed his own single-game records for receptions and yards receiving. Texans coach Gary Kubiak thinks those records may stand for a while.

"I don't know if that one will ever be touched," Kubiak said. THE ASSOCIATED PRESS

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Horoscopes

♈ Aries
March 21 - April 20
You need to get tough with someone who has let you down once too often. It is becoming a habit and that's not good for either of you, so let them know this is their very last chance — and mean it.

♉ Taurus
April 21 - May 21
Don't hide yourself away. Don't avoid being seen. The planets indicate you are going to be in the spotlight over the next few days, so you might as well get used to the idea. As ideas go, it's not so bad.

♊ Gemini
May 22 - June 21
You must get your affairs in some sort of order. You must bring balance to what even you can see is a chaotic situation. Your time and your energy are precious, so make sure you get the most from them.

♋ Cancer
June 22 - July 23
You may be tempted to push your luck today, and maybe your gamble will pay off – and maybe it won't. Either way you are right to take the risk. Those who play safe rarely get anywhere worth going.

♌ Leo
July 24 - Aug. 23
Let other people rant and rave if it makes them feel good. You know that raising your voice does not get things done. You know that actions speak louder than words. That's why you'll succeed today while others fail.

♍ Virgo
Aug. 24 - Sept. 23
Don't push yourself too hard. In fact, don't push yourself at all. Most likely you will achieve more today by doing less, though as you tend to work harder than most other people "less" is a flexible term.

♎ Libra
Sept. 24 - Oct. 23
Others may say you are not trying hard enough but you must ignore them. What do they know about who you are and what your aims are? If you are happy with your efforts then nothing else matters.

♏ Scorpio
Oct. 24 - Nov. 22
No matter what other people may offer you by way of reward or recognition, if their aims are not in harmony with your own you must turn them down. The fact is you don't need them and most likely never will.

♐ Sagittarius
Nov. 23 - Dec. 21
A friend or family member will suggest something today and your first reaction will be to reject it. That's understandable, but after a bit of reflection you will come to see they are right. Trust their judgment.

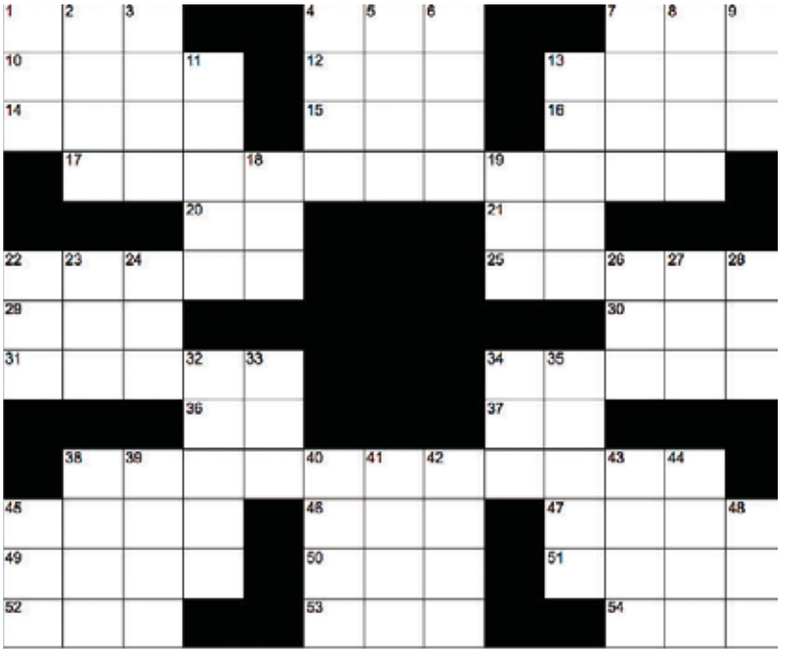
♑ Capricorn
Dec. 22 - Jan. 20
Anyone who thinks you are a bit of a cold fish will be proved wrong over the next 24 hours. Yes, it's true, you have been a bit distant of late but now you are ready to get involved and start sharing again.

♒ Aquarius
Jan. 21 - Feb. 19
The Sun remains in the career area of your chart just two more days, so if there is anything you want to accomplish on the work front make an extra special effort now. Don't think about it, just do it.

♓ Pisces
Feb. 20 - March 20
It may be true that all things are possible but they won't just happen as if by magic. The good news is you are highly motivated and determined to prove yourself – and you'll get your chance over the next few days. SALLY BROMPTON

Canadian Crossword

BY BETTY MARTIN



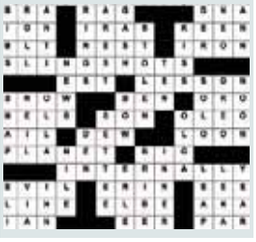
Across

1. Funnyman Carney
4. Banking machine (abbr.)
7. Wager
10. Backside
12. Small inlet
13. Swallow
14. Create
15. — Leoni of The Naked Truth
16. Take home a wage
17. Tangy candies
20. Hospital room (abbr.)
21. Minister's deg.
22. She played Rose on The Golden Girls
25. Estate, for example
29. Fish eggs
30. Dictator Amin
31. Little Orphan —
34. Heard by Perry Mason
36. Not applicable (abbr.)
37. Jr.'s dad
38. Flowery arrangement for the table
45. Roof part
46. Female deer
47. Winglike
49. Always
50. — Got a Secret
51. Canadian Idol judge — Jordan
52. Dancing with the Stars judge Goodman
53. — Aviv
54. Lassie, for one

Down

1. Upper appendage
2. Collect
3. Give or —
4. Johnson of Laugh-In
5. Layer
6. Form of address
7. Whip up an egg
8. Mistakes (abbr.)
9. The Nashville Network (abbr.)
11. Move a fern
13. Looks after
18. Use a crowbar
19. Rhoda's mom
22. Bikini part
23. Time frame
24. Countdown number
26. Bro's sibling
27. Dutch city
28. — the season
32. Inside oneself
33. Dog — Dog
34. —: Crime Scene Investigation
35. Sites
38. Grotto
39. Tied score
40. Revise a manuscript
41. Wander
42. Shed
43. Applaud
44. Go slowly
45. Slippery fish
48. Letters between Q and U

Friday's Crossword



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See today's answers at metronews.ca/answers.

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Friday's Sudoku

6		9				5		8
	4	7	9		2	3	1	
3								4
			5		3			
	3			6			8	
			7		9			
1								7
	2	6	8		5	1	9	
5		3				4		2

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